

# Fallon On The Go

Fallon County Recreation Department



## Adult Education

These Classes are for those that are at least 16 years old and are NOT a regularly enrolled, full-time pupil of a public school.

### Intro to Microsoft Excel

Date: Tuesday, March 5th

Time: 4:00pm - 6:30pm

Place: BHS Room #9

Cost: \$5.00

Instructor: Lynn Beach

Min/Max: 5/20 participants



**PRE-REGISTRATION IS REQUIRED before March 4th to meet minimum participation requirements.**

### Adult Education Instructors Needed

Do you have a skill or hobby you would like to share with others? The Fallon County Recreation Dept. would like to offer classes in some of the following areas:

*Photography—Sewing Alterations—Stained Glass—Crafts—Painting—Furniture Upholstering—Cooking*

These are just some ideas--use your imagination. If you are interested in sharing your time and talents with the community, please call 778-3152 or send an e-mail to RecDept@falloncounty.net.

## 17th Annual BAKER JAM

### Youth Basketball Tournament

March 30th: Grades 5 & 6

March 31st: Grades 7 & 8

Download registration form & rules at [www.falloncounty.net](http://www.falloncounty.net)

Entry Deadline is March 15th

Fallon County teams will receive free t-shirts!

**REFEREES & VOLUNTEERS NEEDED**

Please call or text 978-3152 if you can help!



## Fitness Classes

Held at the BHS Rec Center

Unlimited Classes through May 24 for \$40



Visit our website at [www.falloncounty.net](http://www.falloncounty.net) for our class descriptions, rates & schedule!

| Time   | MON        | TUES       | WED             | THURS             | FRI        |
|--------|------------|------------|-----------------|-------------------|------------|
| 6:00am | Tabata     |            | HIIT            |                   | Body Solid |
| 8:30am | HIIT       | Body Solid | Insanity®       | Yoga+             | Tabata     |
| 8:30am | AquaFit    |            | AquaFit         |                   |            |
| 4:00pm | P90X®      | Yoga+      | Weight Training | Strength Training |            |
| 5:30pm | Body Solid | AquaFit    |                 | AquaFit           |            |



Find us on Facebook



Non-profit fundraising program

Fallon County Recreation Dept.  
Acct. 4100000-1060

Now you can support us when you shop at



Just mention our account number 1060, when you check out!

## Other Activities in Fallon County

**Escape Rooms:** March 2nd & 3rd at Fallon County Fairgrounds

**American Legion Centennial Celebration:** March 9th at Fallon Post #35

**Friends of FMC Annual Leapin' Leprechaun Race:** March 16th

**Gamma Beta Easter Egg Hunt:** April 13th at 1:00pm at Fallon County Fairgrounds

**Community Health Fair:** April 24th at BHS McGonigal Gymnasium

**Murder Mystery Dinner:** April 27th at Fallon County Fairgrounds

**Lions Club Bingo:** March 3, 17, 31, April 14 at Baker Senior Center

**Want to be a Youth Activities Sponsor?**  
Call 778-3152 or go to  
[www.falloncounty.net](http://www.falloncounty.net)

## Preschool Music & Dance

**Ages:** 3-5 year olds

**Date:** (Session I) Thursdays

March 14 - April 25

(Session II) Fridays

March 15 - April 26

**Time:** 10:15 - 11:00 am

**Place:** Baker Rec Center

**Cost:** \$25.00

**Min/Max:** 10/15 per session



**Recital 7:00pm April 30th at Longfellow Gym**

**PRE-REGISTRATION IS REQUIRED**

**before March 8th to meet minimum participation. Classes may be merged to meet min/max requirements.**

## Show Team Dance

**Ages:** Kindergarten - 6th Grade

**Date:** Mondays, Tuesdays & Thursdays

April 4 - 29

**Time:** K - 2nd Grade 4:00 - 4:45 pm

3rd - 6th Grade 4:30 - 5:15 pm

**Place:** Lincoln School Gym

**Cost:** \$35.00

**Min/Max:** 15/30 per age group



**Recital 7:00pm April 30th at Longfellow Gym**

**PRE-REGISTRATION IS REQUIRED**

**before March 22nd to meet minimum participation. Classes may be merged to meet min/max requirements.**

## After School Program

**Ages:** Kindergarten-6th Grade

**Dates:** School Days (no holiday releases)

**Time:** After school until 5:10pm

**Place:** Lincoln School Multipurpose Room

**Cost:** \$3.50/day (snacks billed w/lunch program)



**Registration forms are available at the After School Program and at [www.falloncounty.net](http://www.falloncounty.net)**

## All Youth Programs:

Parents/Guardians must complete a form **before** your child will be allowed to participate! Print a form from [www.falloncounty.net](http://www.falloncounty.net) or fill one out on-site of the program or at the Rec Office.

### PRE-REGISTRATION IS REQUIRED:

To ensure that the program will meet the minimum participation, you must bring in a completed registration form, email, or call the FCRD office with participant name, age/grade and return phone number.

**These are the ONLY means of communication that will be accepted for program registration!**

If the minimum participant registration is not met by the required date, families will be contacted with the possibility of merging classes. If the minimum requirements are still not met, the program will be cancelled and registration fees will be reimbursed.

## Youth Track

**Ages:** Kindergarten - 6th Grade

**Date:** Tuesdays & Thursdays

May 2 - May 21

**Time:** 4:00 - 5:00 pm

Will walk those from After School Program

**Place:** Triangle Park - Roger Schmidt Amphitheater

**Cost:** \$25.00

**Min:** 15 participants

**Bring tennis shoes & water!**

**Track Meet 4:00pm at BHS on May 21st**

**PRE-REGISTRATION IS REQUIRED**

**before April 29th to meet minimum participation requirements.**



## Safe Sitter

*Training in pediatric first aid, household safety, and the basics of childcare.*

**Ages:** 11 - 14

**Day 1:** Friday, April 26th, 2:30 - 5:30pm

**Day 2:** Saturday, April 27th, 8:00 - 11:00am

**Place:** Library Basement

**Cost:** \$30.00

**Min/Max:** 6/12 students



**PRE-REGISTRATION IS REQUIRED**

**before April 12th to meet minimum participation requirements.**



**CHECK US OUT ONLINE! [www.falloncounty.net](http://www.falloncounty.net)**  
Download newsletters, calendars, registration forms, & more!!!

