

## **Fallon County Recreation Department After School Program Description**

**Project Objectives:** The Recreation Department wants to offer a structured environment that fosters good health and gives children the option of attending an after school program instead of an unsupervised alternative. The program will provide a nutritious snack, physical activities that all children can safely enjoy, an art or craft project that will stimulate their mind, and fun and educational activities. Being accepted by friends and instructors through games and activities will help the kids accept themselves. Objectives for achieving this goal through the program are:

- ▶ To create a low-cost, supervised after school environment for children in grades K-6
- ▶ To provide enjoyable athletic and non-athletic physical activities for both boys & girls
- ▶ To encourage children to socialize with their friends and make new friends
- ▶ To give children a healthy snack to fuel their activities and teach them healthy eating habits
- ▶ To create new areas of interest in art/crafts and provide educational activities

**Target Audience & Project Plan:** The target audience for this after school program will include boys and girls in grades K-6. The After School Program will take place at the Lincoln School. Therefore students in grades 4<sup>th</sup>-6<sup>th</sup> will have to walk from Longfellow to Lincoln school by themselves. The students will meet at the ASP room to check in and eat a snack. Then the students may choose between art/crafts, games, puzzles, ect. or may work on homework. All students will have physical activity.

### **FEES**

1. The fee to attend the After School Program will be \$2.50/day/student which will be billed in 3 month increments (**Sept-Nov, Dec-Feb, and March-May**). We would appreciate if these bills were paid by the due date. Unpaid bills will affect your child's ability to participate in any or all other Fallon County Recreation Department Programs.
2. Snacks will be a separate fee (see below) and will be billed with the School Lunch Program.
  - Full Price: \$0.60 day per child
  - Reduced Price: \$0.15 (if you qualify for reduced meals)
  - Free: Free (if you qualify for free meals)

### **HEALTH**

- If a child becomes ill at the program, parents will be expected to pick up their child immediately. The ill child will be kept isolated from the other children until pick up.
- If the child comes down with a contagious disease, parents and the school will be notified.
- Prescription drugs will not be administered by the After School Staff or volunteers.

### **MICELLANEOUS**

- Children are discouraged from bringing toys/games from home. We will not be responsible for their safe return home.
- If a child is witnessed purposely destroying the After School Program's or the school's property, the parents/guardians will be responsible for repair or replacement of property.

## **NUTRITION/SNACKS**

- A snack will be provided each day after school. The snack will contain at least two different components of the following four: a serving of fluid milk; a serving of meat or meat alternative; a serving of vegetable or fruit; a serving of whole grain or enriched bread or cereal.
- Students may not bring personal, individual snacks unless it is for special dietary needs. Please let us know of any special dietary needs and we will try to accommodate those needs.

## **REGISTRATION**

An annual registration form must be completed and returned before your child can attend the After School Program. If any changes need to be made to your child's form during the school year, please make the necessary changes to the existing form or complete a new form.

## **SIGN-OUT PROCEDURE**

Please respect the supervisors and be on time picking up your child(ren). A parent or authorized person must sign your child out from the program each day on the attendance sheet. Children **WILL NOT** be released to persons not listed on the enrollment form without written authorization, signed and dated by the parent. Do not be offended if we call for verification; we are concerned for your child's well being. Children will be allowed to walk or ride bike home with permission from the parent/guardian designated on the registration form. The Recreation Department is not responsible for children after they leave the program. Children should be picked up at the North entrance of the Lincoln school.

## **TIME OF OPERATION**

The program is available to children grades K-6<sup>th</sup> from after school until **5:10pm** Monday, Tuesday, and Wednesday **when school is in session**. If school is dismissed because of emergency situations (inclement weather, etc.) the program will not be in session. We will let you know in advance of all other days that the After School Program is closed.

## **DISCIPLINE POLICY**

At no time will your child be subject to physical discipline or be deliberately frightened or humiliated. Brief separation from the group or removal from an activity will be normally used to discourage unacceptable behavior. If unacceptable behavior is chronic or extreme you will be contacted immediately so we can work together to find a solution. A child who is a threat to the other children or adults at the After School Program will be removed from the program.

If you have any question or concerns about the After School Program, please contact the Recreation Director at **778-3152**.