

Healthy Employees are Happy Employees

Fallon County is dedicated to empowering their employees to take charge of their health. County employees have the opportunity to participate in a voluntary comprehensive Wellness Strategy that includes the following components:

- ~Annual on-site education session
- ~Mayo Clinic Embody Health Website
- ~Confidential Annual Health Assessment
 - ~On-Site Blood Screening
- ~Behavior modification program including:
Exercise, Stress Management, Nutrition,
Weight Management and Financial Fitness

If you are interested in any of the upcoming Wellness Activities,
please contact:

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